



THE *MAY*  *f*LOWER
HEALTH & BEAUTY CLINIC

Telephone: 01494 675612

Face Facts

Environ Facial Treatments

Environ skincare was developed by a leading South African plastic surgeon, Dr Des Fernandes. The prescriptive facials bridge the gap between beauty therapy and modern medical science. These facial treatments are based mainly on the application of vitamins A, C, E and betacarotene.

Ionzyme Active Vitamin Facial	60mins	£75
	90mins	£85

This facial boosts penetration of natural anti-ageing products into the skin. The vitamins are driven deep into the skin's structure, with the result of improved cell renewal, increased production of fresh collagen and elastin and softens lines and scars.

Relaxing Active Vitamin Facial	60mins	£70
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This facial combines the relaxing power of touch and gentle facial massage techniques to apply the Environ active products.

Cool Peel	60mins	£75
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Environ peels are recommended for those with problem/acne skins or for heavily sun-damaged skins.

Focus Frown Serum Treatment	45mins	£65
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This treatment is designed for the eye and forehead area to smooth and soften frown lines, reduce muscle tension, perfect for frown lines.

Focus Hydrating Serum Facial	60mins	£75
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A highly concentrated treatment to treat dry skin, fine lines and sun-damage. This facial will help reduce lines caused by dehydration and general ageing as it is designed to increase the plumpness of the skin.

Aromatherapy Associates Facials

Discover the skin enhancing properties of essential oils with your very own prescribed facial unique to your skin type. A personalised prescription uses a range of therapeutic essential oil based products and facial pressure point massage to boost your complexion, revive your skin texture and add a lasting glow to your appearance.

Includes after care advice to maintain the look and feel of healthy skin and continue treatment of problem areas at home.

Pure hands-on therapy at its best. More than a facial, these are facial experiences.

Aromatherapy Associates facial	30mins	£36
	60mins	£60
	90mins	£80

Dermalogica Facials

Dermalogica facials are 100% customised to you and your skin's needs with a thorough, zone by zone face mapping® skin analysis each time you have a treatment! Think of it as your personal facial routine, created especially for your skin's needs, by our expert therapists. The products contain no artificial fragrance, alcohol or colour and are not tested on animals.

Bespoke Dermalogica Facial	30mins	£36
	60mins	£60
	75mins	£75

Our facials are fully comprehensive to give your skin what it needs to be healthy & glowing. You will feel relaxed, pampered & cared for.

CACI Ultimate Facial Treatments

The CACI facial treatment programme consists of a course of deeply relaxing facials that tighten and tone sagging muscles, whilst smoothing the appearance of fine lines and wrinkles using micro-current technology.

Super CACI Non Surgical Facelift 90mins £72
Course of 10 £620

The Super CACI is perfect for those clients who want an intense version of the 1 hour Non-Surgical Facelift for enhanced results.

CACI Non Surgical Facelift 60mins £55
Course of 10 £480

CACI Eye Lift 30 mins £40

This treatment will work to lift and firm the muscles around the eye area, particularly where eyebrows tend to lose their definition as we age.

Hydratone Facial 30 mins £36

Hydratone uses an intensive, anti-ageing Hydro mask that will instantly rehydrate, revitalise and plump the skin. Great for a special occasion.

Jowl Lift 30mins £36

The CACI Jowl Lift has been developed to specifically target muscle laxity around the jawline.

CACI Non Surgical Facelift with Jowl Lift 60mins £65

The Non Surgical Facelift incorporating the Jowl lift.

CACI Crystal Free microdermabrasion/Booster Facial 45mins £55

This facial combines crystal free microdermabrasion with LED light therapy. It will exfoliate the skin using a unique technology, to reveal a smoother, brighter complexion. The facial is completed with a cooling, hydrating gel mask.

Ultimate Anti-Ageing Facial 90mins £85
Course of 10 £750

The Ultimate procedure incorporates muscle lifting and toning, microdermabrasion, LED light therapy, plumping of fine lines and wrinkles and a hydrating gel mask to rejuvenate and brighten the skin.

Ultimate Eye Treatment 45 mins £55

This treatment will lift and tone the muscles around the eye area, hydrate and plump fine lines, as well as reducing puffiness and dark circles, giving the area a brighter complexion.

Wrinkle Revolution 20mins £25

Wrinkle Revolution uses the CACI award winning Amino Lift Peptide Complex, alongside crystal free microdermabrasion and electrical stimulation incorporated LED light therapy, which will instantly plump lines and wrinkles from the very first treatment.

Lip plump/Party Pout 10mins £15

Get those lips looking juicy and luscious ready for the weekend!

Crystal Clear Treatments

This treatment stimulates skin cells to regenerate faster by removing dead skin cells, whilst eliminating blocked pores and improving the appearance of fine lines. It will also leave your skin smoother, clearer and rejuvenated.

Crystal Clear Deluxe Facial 45mins £70
Course of 10 £600

10 Years Younger

Collagen Stimulation Therapy™ Medical Needling

- Dramatic improvements without the need for invasive surgery.
- Completely natural, uses the skin's own powers of rejuvenation.
- Not painful - a topical anaesthetic is used.
- Short healing time, in most cases clients are able to go to work the next day.
- Does not damage the skin, unlike some other procedures.
- Does not cause sun sensitivity.
- Lasting effects - collagen continues to be laid down in the months following treatment.

Collagen Stimulation Therapy™ is a cutting-edge treatment technique that harnesses your body's natural powers of healing to tighten skin and achieve incredible results.

It is especially effective for addressing the visible signs of ageing, as well as sun damage, scarring, slacked skin, stretch marks, uneven skin tone and dilated blood vessels. Collagen Stimulation Therapy™ can be done on all areas of the face and is suitable for all skin types.

Single Treatment	90mins	£300
Course of 6 Treatments		£1,500

Botox

Botox is considered to be the best alternative to cosmetic surgery, providing long lasting and fabulous results. It is used to reduce lines and wrinkles and can also be used to alleviate excess sweating. The treatment is safe, effective and quick, with simply a few tiny injections under the skin using very fine needles, it is virtually painless. Results from the treatment are usually visible within 3-7 days, depending on which product is used and will usually last for 3-4 months and in some cases longer. We work in conjunction with DoctorNow in Beaconsfield Old Town, who do all our prescribing.

Botox for the face

Pre-treatment consultation	15mins	£50
1 Area	20mins	£200
2 Areas	30mins	£315
3 Areas	40mins	£350

Annual Botox Course

2 Areas		£795
<i>x three treatments per year approx. every 17 weeks - saving £135</i>		
3 Areas		£900
<i>x three treatments per year approx. every 17 weeks - saving £150</i>		

Hyperhidrosis Treatments

Pre-treatment consultation	15mins	£50
Underarms	40mins	£399

The pre-treatment consultation fee is non-refundable as it covers the private prescription charge, this is then taken off the price of the treatment. It is rare that top ups are needed, but in such cases, there is an additional charge of £25 per area.

Red Vein (face and neck) & Skin Tag Treatment

This advanced electrolysis technique cauterises the blood supply to successfully treat red veins, spider naevi, cherry spots and skin tags. The price includes after care gel.

Consultation	15mins	FREE
	15mins	£42
	30mins	£62
Milia extraction	up to 15mins	£42

Make-up made to last

Semi Permanent Make-up

Semi-permanent make-up eliminates that tiresome task of having to put on and remove your make-up every day. Your make-up always appears professionally applied and you look good from the moment you wake up till the moment you go to bed. You also have the confidence of knowing you can swim, shower, get caught in the rain or weep buckets at a wedding without getting that panda look!

Initial procedures consist of 2 treatment sessions 4-6 weeks apart.

Yearly colour refresher procedures consist of 1 treatment and recommended once every 12 months.

Eyebrows

Initial procedure	2hrs	£350
Yearly colour refresher	90 mins	£250

Eyes (Lash enhancement, Standard Daytime liner)

Initial procedure	2hrs	£400
Yearly colour refresher	90 mins	£300

Eyeliner Upper or Lower

Initial procedure	90mins	£250
Yearly colour refresher	1 hr	£150

Lip liner

Initial procedure	90 mins	£350
Yearly colour refresher	1 hr	£250

Full lips

Initial procedure	2 hrs	£450
Yearly colour refresher	90 mins	£350

The Eyes Have it

Eyelash Growth Therapy

Are you dissatisfied with the length and thickness of your own eyelashes? Would you like longer, thicker and darker lashes, all of your very own?

Our fabulous product is a prescription only medication that was used to treat glaucoma patients by Allergan. Their patients started reporting that their eyelashes were growing, you can just imagine Allergan's people blinking and seeing dollar signs in their eyes!

First Consultation	15mins	£50
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Full medical questionnaire
non-refundable deposit covers private prescription

Second Consultation	15mins +balance of product cost
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Home treatment demonstration & product collection

Eyelash tint	30mins	£17
Eyebrow tint	15mins	£12
Eyelash and brow tint	30mins	£21
Eyebrow shape (tweezers)	30mins	£20
Eyelash perm	60mins	£46
Eyelash perm and tint	90mins	£52
Party lashes	20mins	£16

Body Beautiful

Universal Contour Elite Wrap 105mins £99
Course of 3 £270

This wrap is the original wrap (*see below*) with bells on! It incorporates passive muscle exercising and a gorgeous warm blanket to accelerate and enhance the effects of the sea clay bandages. It is fabulously relaxing with a lovely head massage and even more effective.

Universal Contour Original Wrap 150mins £80
Course of 3 £220

A sophisticated wrapping technique designed to lift and shape the body with a guarantee of a minimum 6 inches lost after the first wrap or the treatment is free! Using bandages soaked in sea clay this treatment also cleanses the body of toxins and impurities and makes the skin feel silky smooth. For the best results possible a course of 3 is recommended.

Please note, full payment is required at time of booking.

Aromatherapy Associates

Body Scrub & Wrap Treatments

An all over body exfoliation followed by an application of gels, creams and oils to moisturise, nourish and hydrate your skin. Once the body is gently enveloped, lie back in luxury and enjoy a scalp or foot massage. Aromatic oils relax or focus, restoring harmony to body and spirit within the hour.

De-Stressing Soother 60mins £50

Enter the total chill out zone and give yourself a moments peace.

Citrus Detox Reviver 60mins £50

Feel cleansed inside and out with this powerful treatment.

Lavender & Peppermint Cooler 60mins £50

Rescue your skin after overloading it in the sun.

Rose Hydrating Cocoon

- suitable for mothers-to-be 60mins £60

Lie in a bed of roses and indulge in this nourishing and thoroughly moisturising treatment.

Mayflowers Mothers-to-be Treatment 90mins £75

Nourish your body from top to toe including; full body Aromatherapy Associates Rose Massage, Mini Dermalogica Facial or Aromatherapy Associates Rose Facial and specialised mask applied to the stomach to help stretch marks and comfort your body.

Revive Cellulite Treatment 60mins £50

A wake-up call to legs, bums and tums!

De-stress Muscle Release 60mins £60

A deep and stress relieving all over body massage treatment designed to warm and ease stiff, tight and fatigued muscles.

Re-balancing Deep Cleanse

Back Treatment 60mins £60

A thoroughly cleansing back treatment that refines the skin deep down and works to balance out it's natural oils.

CACI Quantum Body Treatment

Toning or Cellulite Treatments 45mins £35

Course of 10 £315

30mins £30

Course of 10 £270

FLABeLOS

The FLABeLOS unique balance training workout results in improved posture, blood circulation, muscle strength and flexibility. The FLABeLOS machine is the ultimate workout machine that shakes you to becoming slimmer, fitter and healthier and all in just 10 minutes at a time, how fabulous is that!

Trial session	10mins	FREE
Course of 12	<i>each</i> 10mins	£60
Individual session	10mins	£7

Vanishing Acts

Ellipse IPL Permanent Hair Reduction

How does Ellipse feel? A slight warm tingling sensation best describes the feeling experienced during a treatment. This is minimised by a special cooling gel that is applied just before the treatment starts.

What areas can be treated with Ellipse? Unwanted hair can be removed from most parts of the body. The only areas that cannot be treated are immediately around the eyes and over tattoos and some moles.

Does it matter what skin type I am? Ellipse has been clinically proven to work on almost all skin types except dark and very dark skin. Dark hair on light skin is the easiest to treat. White, red, blonde and grey hairs do not respond to any IPL or laser treatments, but can be treated with electrolysis.

How many treatments will I need? Generally in most areas of the body you may need between 6-12 treatments however this can vary from client to client. In some cases, some clients may require further treatments and your therapist will monitor your treatment programme.

Contra Indications to IPL Hair Reduction If any of the following apply to you please inform us immediately:

- Pregnancy - present or planned.
- Medication - please advise us if you are on any medication from your doctor or are taking alternative or herbal remedies.
- Roaccutane, Retin A.
- Recreational drugs.
- Any medical conditions.
- Sun exposure 1 month pre or post treatment minimum - *if you have IPL treatments whilst having sun exposure it can result in burning, pigmentation and scarring causing permanent, irreversible damage.*

It is essential that you inform us of any changes to your health as we may need to make changes to your treatment plan.

If you are Polycystic, IPL is the perfect way to manage your hair growth.

We recommend 6-12 treatments with two monthly intervals between for the best results.

Consultation and patch test	45mins	£40
1 x Petite Area	15mins	£51
2 x Petite Areas	30mins	£72

choose from the following areas:

between brows, upper lip, chin, cheeks, jaw line or hairline

1 x Small Area	30mins	£72
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ladies neck, bikini 3", buttock (*centre line*), underarms, around nipple, hands, feet or stomach (*centre line*)

1 x Standard Area	60mins	£114
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bikini 5", half arm, men's neck (*front or back*), half face, ladies lower back or shoulders

1 x Medium Area	120mins	£156
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half or three-quarter leg (*upper or lower*), buttocks, bikini runway, full arm, chest, back (*upper or lower*), full face, abdomen or beard

1 x Large Area	180mins	£261
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full leg, full back or chest & abdomen

Waxing

Half leg (<i>lower</i>)		20mins	£18.50
Half leg (<i>upper</i>)		30mins	£21
Three quarter leg		40mins	£23
Full leg		50mins	£28
Full leg and standard bikini line		60mins	£38
Under arm	warm wax	10mins	£13
	hot wax	15mins	£17
Bikini line standard	warm wax	15mins	£14
	hot wax	15mins	£19
Forearm		20mins	£18.50
Full arm		30mins	£23
Eyebrows	warm wax	10mins	£12
	hot wax	15mins	£14
Upper lip	warm wax	10mins	£12
	hot wax	10mins	£13
Chin	warm wax	15mins	£12
	hot wax	15mins	£13.50
Upper lip & chin	warm wax	20mins	£18
	hot wax	20mins	£21.50
Small extra patches		10mins	<i>from</i> £12
Ears		10mins	£10
Chest		30mins	£25
Back		30mins	£28
Chest and back		45mins	£41

Intimate Bikini Waxing

Extended - tummy or inner thigh included

warm wax	20mins	£22
hot wax	30mins	£27

Brazilian - a strip of approximately 2.5cm wide is left all the way around

hot wax	45mins	£34
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Playboy - a pencil wide strip is left at the front

hot wax	60mins	£44
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Hollywood - yes, the whole lot! (for over 16's only)

hot wax	60mins	£44
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Electrolysis

For this fabulous tried and tested permanent hair removal method we use disposable needles and gloves for maximum hygiene.

Courses are available.

Consultation	15mins	FREE
(<i>minimum session</i>)	10mins	£14
	15mins	£17
	20mins	£20
	30mins	£27

Nailed

Aromatherapy Associates Hand & Foot Treatments

A luxurious treatment which includes a fragrant hand or foot soak, olive grain exfoliation, skin-softening wrap and soothing massage to lower arms and lower legs.

Hand Treatments	45mins	£36
With nail varnish	60mins	£42
Foot Treatments	60mins	£42
With nail varnish	75mins	£48
French polish		<i>add</i> £3

Jessica Manicures & Pedicures

Jessica is one of the best product ranges for natural nail care.

Manicure	45mins	£29
Pedicure (<i>please bring sandals</i>)	60mins	£37
Deluxe manicure (<i>with heated mitts</i>)	60mins	£34
Deluxe pedicure (<i>please bring sandals</i>)	75mins	£42
Re-varnish fingers or toes	15mins	£14
Mini/child's manicure (<i>file & paint only</i>)	30mins	£22
Mini/child's pedicure (<i>file & paint only</i>)	30mins	£24
French polish		<i>add</i> £3

Jessica GELeration

These are the best gels we have ever used, fantastic colours, flawless finishes and undamaged nails once the gel is removed.

Application	hands	60mins	£40
	feet	60mins	£45
Soak off and re-application	hands	90mins	£50
	feet	90mins	£57
Soak off with nail tidy		30mins	£16

Please inform us when booking if your current gels are not Jessica GELeration, as we may need extra time.

French polish		<i>add</i> £3
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Healing Touch

The Ultimate Aromatherapy Massage

• Relax • De-stress • Revive • Support • Renew •
Ease away the day's stresses and strains and bring body and mind back into balance. The real, traditional aromatherapy full body massage fusing the best of massage practices from East and West. Carefully applied pressures stimulate the nervous system while Swedish and neuromuscular massage techniques support a healthy circulation and soothe the body.

90mins	£80
60mins	£60
30mins	£37

Swedish Body Massage

Peel Me Off The Bed	60mins	£50
No More Knots	45mins	£45
No More Knots Express	30mins	£35

Hot Stone Therapy

This gorgeous treatment brings about total balance in the body which aids the natural healing process, divine!

90mins	£80
60mins	£60

Indian Head Massage

This luxurious treatment uses relaxing movements to the shoulders, neck, scalp and face increasing blood circulation and improving energy and general well being.

60mins	£50
45mins	£45
30mins	£35

Hopi Ear Candles

A pleasant, relieving and non-invasive treatment used to treat a variety of conditions including sinusitis, rhinitis, earwax, earache, tinnitus, headaches and migraines. It is not suitable for those with perforated eardrums or where grommets are in place.

45mins	£45
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Make-Up

We use the fabulous Jane Iredale make-up, a wonderful pure mineral based range. The make-up is so pure and effective that it is recommended by plastic surgeons, dermatologists and skin care professionals alike and is known as the skincare make-up.*

Special Occasion	45mins	£36
Make-Up Lesson		
Tailored specifically to you	60mins	£42
Bridal Make-Up		
Including pre-wedding day trial	45mins	
and make-up on the day	30mins	£70

** Please come in without make-up on and bring your make-up bag with you.*

Ear Piercing

Includes sterile studs and after care solution.

15mins £25

The Sun is Out

To obtain the best results, please ensure you receive the pre-treatment advice sheet.

St Tropez Ultimate Airbrush Tanning

Full body	30mins	£37.50
Top up <i>(to be taken within 4 days)</i>	30mins	£20
Half body	20mins	£22.50
Top up <i>(to be taken within 4 days)</i>	20mins	£15

St Tropez Exfoliation 30mins £33

Sunbed

Please note - ID is required, by law you must be 18yrs+.

Our sunbed is a high power stand up unit. We recommend the use of our tan enhancers to keep your skin moisturised and to enhance the tan.

60mins	£60
10mins	£11
5mins	£7

Tan enhancer sachets £2.50

Wedding Services

Mayflowers can advise and help you and your family with your beauty preparations in time for your big day. Bridal programmes tailored to your individual requirements are available. Please ask for a free consultation.

Blissed Out

Luxury Beauty Day 4 hour 30mins £150
Full Body Massage, a Renew Rose Radiance or Balance Deep Cleansing Facial, a manicure including Rose Petal Luxury Hand Treatment and a Pedicure including your choice of Aromatherapy Foot Treatment. This blissful treat includes light refreshments.

Stress Buster 120mins £85
A mini Dermalogica facial, back, neck and shoulder massage and a pedicure.

Formalities

All prices include VAT (769 0508 06) at 20%. We reserve the right to alter prices without prior notice. The Mayflower Health and Beauty Clinic Ltd. Registered in England. Co Reg No: 0471 3558.

Arrival time/punctuality To ensure you receive the full benefit from your visit to Mayflowers we recommend you arrive 10 minutes prior to your appointment time. However, we understand that things do happen and time runs short, but as a courtesy to others your treatment will finish on time. We regret that it may be necessary to treat appointments as cancelled if you arrive more than 15 minutes late.

Complimentary client consultations All clients will be given a thorough Mayflower's Consultation at their first visit. This information is completely confidential and is covered by the Data Protection Act.

Cancellation policy 24 hours notice for cancellations or change is required, if less than 24 hours notice is given the full appointment cost will be incurred. Thank you for your co-operation and respect in this matter.

Children Unfortunately, due to our insurance policy, children under 16 are not allowed in the salon unless they are having a treatment.

Courses are available on any of our treatments. Pay for 6 or more treatments on your first appointment and receive 10% discount. All monies paid for courses are non-refundable although the balance may be transferred to other treatments.

Deposits 50% deposit is required for all treatments of 60 minutes or longer. This is non-refundable unless more than 24 hours notice of cancellation or change is given.

Events Come and join us at our informal events throughout the year, we promise good company, generous hospitality and great beauty ideas.

Gift Vouchers These make a lovely gift and are available in smart presentation boxes which are free if the voucher is over £50.

Loyalty Cards Collect stamps for your free massage.

Mobile phone courtesy We respectfully request that you switch your phone to silent whilst in the salon.

Monthly Diary Date Every month we send out very special offers. To ensure you do not miss out on these, go to our website www.mayflowerbeautyclinic.com and sign up to receive our newsletter.

Parking Plenty of free parking is always available.

Payment We accept cash, credit & debit cards, we do not accept cheques.

Safety precautions Please inform your therapist of any medical conditions including pregnancy or if you are taking any medication prior to booking, as some treatments may not be appropriate for you.

Satisfaction In the unlikely event that you are not completely satisfied please let us know immediately and we will endeavour to assist. If you are still not satisfied on your return home please email within 7 days to allow the complaint to be investigated properly.

Treatment duration All times quoted include consultation, preparation time, treatment and vacation of the room.

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ENVIRON.

dermalogica

AROMATHERAPY
ASSOCIATES

jane iredale

CACI

Ellipse
LIGHT

ILAH

JESSICA

ST. TROPEZ
The Professional Way

crystal
SKIN SYSTEM



Professional Therapists

Professional Treatments

Enviably Results

Opening Hours

Monday	9.00 am - 5.30 pm
Tuesday	9.00 am - 8.00 pm
Wednesday	9.00 am - 8.00 pm
Thursday	9.00 am - 8.00 pm
Friday	9.00 am - 5.30 pm
Saturday	9.00 am - 5.00 pm
Sunday & Bank Holidays	- closed

Free parking is always available

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